

NCLI Goals

- ▶ Provide opportunities for high school youth to get outside and learn about their own environment, and interact with environmental scientists and educators from the Hudson Valley;
- ▶ Train high school youth to be “Environmental Teen Leaders” in order to teach peers & younger youth and complete “hands-on” environmental projects;
- ▶ Build environmental, leadership, public speaking, role modeling, GPS, and teaching skills of youth;
- ▶ Provide younger youth (elementary + middle school) opportunities for improved ecological understanding through after-school ecology enrichment programs and ecology field trips;

Collaborating Organizations

CCEDC Environment & Energy Program
CCEDC 4-H Program
Cary Institute of Ecosystem Studies
Cornell University
NYS DEC Hudson River Estuary Program
Hudson River National
Estuarine Research Reserve



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No Child Left Inside Program of Dutchess County
CCEDC Environment & Energy Program
2715 Route 44
Millbrook, NY 12545



No Child Left INSIDE

(NCLI) of Dutchess County

The Mission of NCLI is to train teens to be environmental leaders, and work with them to teach their peers and younger youth about the environment, and raise awareness in their community.

Current Projects

- ▶ Training teen leaders about environmental and water issues through Project WET, DEC Hudson River Snapshot Day, CCEDC Environment & 4-H programs;
- ▶ Taking youth on regular hikes and wilderness trips to experience nature;
- ▶ Creating and utilizing multimedia to educate youth and the public about the environment;
- ▶ Working with local school districts & community organizations to provide ecology after-school enrichment programs;
- ▶ Participating in hands-on projects with watershed groups and with the Hudson River National Estuarine Research Reserve (Eel Monitoring Project);
- ▶ Educating adults and the public about NCLI programs through involvement in community events.



For more information on upcoming NCLI Programs, contact us at: 677-8223 x 135.

It's Cool to Be Green !



What is NCLI ?

- ▶ With funding from a grant from NYS DEC Hudson River Estuary Program, staff from the CCEDC Environment & Energy Program work with teens from Poughkeepsie High School to provide them opportunities to get outdoors and learn about their environment;
- ▶ The teen environmental leaders undertake hands-on activities with local watershed and environmental organizations.
- ▶ Teen environmental leaders then teach younger children from area schools about their environment and how to protect it.

Key Ecology Concepts

- ▶ Watersheds & Water Quality
- ▶ Streams, Hydrology & Wetlands
- ▶ Biodiversity & Critical Species
- ▶ Outdoor Education & Wilderness
- ▶ Climate Change & Conservation
- ▶ Thinking Globally/Acting Locally

Ten Things Kids Can Do To Protect the Environment

1. Walk, bike or carpool to school.
2. Use a travel mug or reusable water bottle, and reduce use of plastic forks, paper plates and napkins.
3. Encourage recycling programs at your school and home.
4. Turn off lights and appliances when you're not using them (including computers), and switch to energy efficient light bulbs.
5. Get outside to play, hike, and experience nature!
6. Turn off the water when you're not using it; take shorter showers.
7. Work on a "hands on" environmental project at your school (such as schoolyard cleanups, planting trees, improving recycling programs).
8. Encourage your parents to buy and eat locally-grown food (i.e. farmer's markets).
9. Get involved with a local environmental group—help with tree plantings and cleanup-up projects in your own neighborhood.
10. Talk to your friends, teachers and parents about the importance of protecting our environment.

To find out more about these ideas, or how to get involved, Contact Us!

