

Nutrition Advisory Committee of Dutchess County

Meeting Minutes – Thursday, October 21, 2010

In Attendance: Christine Sergent, Joy Weber-Maass, Lacie Schmidt, Nancy Cimbrello (CCEDC), Kathy Bell (Astor ECP), Diane Ruffin (Beulah Baptist Church), Ozie Williams (DoH), Susan Grove (PFP)

Program Sharing and Announcements:

CCEDC's Rapp will be holding two events. Please call Nina Doyle at 677-8223 ext. to register:

- Legal Seminar on November 5 from 6:00-8:00 PM at the Italian Center, 227 Mill Street, Poughkeepsie
- Mental Health Seminar on November 19 from 6:00-8:00 PM at the Farm and Home Center, 2715 Route 44, Millbrook

CCEDC's Family and Consumer Education Program is holding another Family Survival Series at the Howland Public Library, 313 Main Street, Beacon, Please call 831-1134 to register:

- Making Ends Meet on November 16 from 5:45-7:45 PM
- Eating Healthy On Any Budget on November 23 from 5:45-7:45 PM

CCEDC's Financial Management Program has received an additional grant through the United Way of \$20,000 to provide Financial Literacy for Youth for an additional year starting in November. They have also applied for an additional grant for \$30,000 to provide Financial Literacy for Adults at two sites, Child Abuse Prevention Center (CAPC) and Mid-Hudson Addiction Prevention Center (MARC). We have not heard back from the Dyson Foundation for the additional grant to provide volunteer program development in Nutrition, Financial Management and Parenting. This grant from the Dyson Foundation would give us \$225,000 over three years.

Diane Ruffin said that there is a Conference on Caregiving for the Elderly being held on October 28 from 9:00-3:30 PM at the Holiday Inn, Route 9, Fishkill. Registration is required by October 25th. Call 471-2655 for more information.

Ozie Williams said that the Hudson River Healthcare in Hyde Park will be holding a Community Diabetes program on November 20 from 8:30-12:30 PM. Ozie will forward the flyer when it's ready.

Updates:

Susan Grove first gave an update on the Poughkeepsie Farm Project. She announced that it is being relocated to two new locations next year. It will still be held on Fridays at Pulaski Park, 162 Washington Street in Poughkeepsie from 3:00-

7:00 PM and also on Fridays on the Poughkeepsie side of the Walkway over the Hudson entrance from 3:00-7:00 PM.

Community Food Assessment – The surveys have begun with Vassar College Student Interns receiving addresses for 500 random households. The survey should only take about 15 minutes or less. PFP and Vassar College still need more volunteers to help give the surveys. If you have any information on people who would like to be trained to help please contact Susan Grove. The next training is taking place on Tuesday, October 26. Susan will send the list of addresses to Christine to see if our Nutrition Educators could help with the surveys.

Capacity Building Initiative – Ozie reported that the grant ended August 30. The DC Health Department Risk Management Department added questions on Employee Workplace Wellness. This had delayed the completion of the survey. Once it is completed she will share the results with the NAC.

Food Stamp Nutrition Education Program – Christine discuss the possible changes in funding this program with the release of the 2011 Dutchess County Budget.

Physical Activity Assessment – A large part of the Surveys have been added to the database (4,000 were received, 2,400 have been entered, 1,600 are remaining). We do not have a person to do the data entry on the remaining surveys. The EWPH grant was closed out. We did not purchase a webserver or software for the survey results. We instead are going to purchase a site license for SharePoint Software from our NYC Extension office. In addition, we are planning to have our website person add an additional section for the list of Needs Assessments we currently have and the links to them.

New Business:

Educating local policymakers about benefits of change related to nutrition and physical activity – Christine suggested a Newsletter to the policymakers and public about the issues that are in the forefront of the NAC. Susan Grove suggested talking with the United Way and asking them if we can use one of their newsletters to publish some of our Hot Topics. Susan also suggested doing an article in the “Valley Views” section of the Poughkeepsie Journal.

Diane Ruffin suggested that the NAC should do a self-assessment. She suggested that we do a self-assessment to see if we accomplished our goals and to discuss what worked and didn't in the past 12 months. An email should be sent to all NAC members to attend this assessment meeting.

It was also discussed that we recruit a Legislative liaison to attend our monthly meetings. Christine was given a few names of people who may be able to do this.

Christine also suggested that instead of having a Hot Topic list, we limit ourselves to the top 3 important topics and focus our efforts on those throughout the year.

Follow-up actions for next meeting:

- Marketing and outreach to seniors beyond what OFA office typically reaches**
- Investigate how the Aging In-Place Initiative would be impacted by the food systems and food related work**

Next Meeting: November 18, 2010

Schedule for 2011: (Proposed)

January 20

February 17

March 17

April 21

May 19

June 16

July 21

August 18

September 15

October 20

November 17