

-Nutrition Advisory Committee of Dutchess County

Meeting Minutes – Thursday, November 18, 2010

In Attendance: Christine Sergent, Lacie Schmidt, Nancy Cimbrello, Mallory Jackson, Shayna Russo (CCEDC), Kathy Bell (Astor ECP), Diane Ruffin (Beulah Baptist Church), Ozie Williams (DoH), Susan Grove (PFP), Pat Brown (OFA)

Program Sharing and Announcements:

Shayna reminded everyone that there is no NAC meeting in December. She also confirmed that the meeting schedule for 2011 has been confirmed.

Diane Ruffin announced that the Beulah Baptist Church was having HIV Testing on Saturday 11/27 from 11:00-1:00 pm.

Lacie Schmidt reminded everyone that the RAPP Program from CCEDC is having a Mental Health Seminar at the Farm and Home Center from 6:00-8:00 pm. You all should have received the flyer with last month's NAC Minutes.

Nancy Cimbrello reminded everyone that we have another workshop in our Family Survival series scheduled "Eating Healthy on Any Budget" at the Howland Library in Beacon on 11/23 from 5:45 to 7:45. Contact the Library to register 831-1134.

If anyone would like to send an email of support, the general email address is countylegislature@co.dutchess.ny.us. Any email that is sent to address will be sent to all of the legislators.

New Business:

Update on budget and where the various organizations are:

Christine said the Dutchess County Legislators are having a Public Hearing at the Bardavon Theatre on 12/2 starting at 6:30 PM. She will have more details as the date gets closer.

Pat Brown said that 3 Senior Centers are closing (Millerton, Pawling & Fishkill) and 2 centers are merging. She went on to update the Council about other program changes resulting from the Dutchess County Budget.

Ozie updated the Council on the program changes at the DOH. She said that there will be shared positions and cuts to the contract agencies. It is still unknown how Early intervention Services will continue without the Occupational and Physical Therapy staff. No grant funding was secured to continue the Diabetes and FitForever programs in 2011. She also announced that there is a Worlds AIDS Day

(Ryan White Grant) on December 1st at Locust Grove from 8:30-1:00 pm. Please call 486-3421 to register and get more information.

Reaching out to local stakeholders/policymakers and educating them on who we are and what we do; How to recruit a legislative liaison for 2011

- It was discussed that we could go before the Legislators and have one speaker discuss what the NAC is about and what agencies are represented.
- We could then poll a few key Legislators and to see if they had any interest.
- Another idea would be to schedule a NAC meeting that is convenient for the Legislators to attend.
- A quarterly newsletter to the Legislators updating them on what we are working on and how we are not duplication of services and how what we do is to secure and sustain individuals.

Discuss idea of self assessment:

- Wilder Assessment (good to get individual input and feedback)
- SWAT Analysis (interact with each other and bounce ideas off each other). At January meeting we will do a SWAT analysis and have a brainstorm on what organization to invite to the NAC.

Updates:

Community Food Assessment – The surveys have begun and completing the goal of 375 households reached is taking a lot longer than expected. Out of the first 500 addresses, they had only 75 households willing to complete it. They have removed some of the questions to make it a little shorter. They are starting a second phase of 500 households, but this time they have information in the local newspaper and a letter was sent to all of the households informing them they have been selected for a survey. PFP and Vassar College still need more volunteers to help give the surveys. If you have any information on people who would like to be trained to help please contact Susan Grove. The next training is taking place in 2011.

Susan discussed the Farmers Market relocation next year. They held a stakeholders meeting and 20 people attended. The City of Poughkeepsie Mayor also attended and spoke about his support.

Capacity Building Initiative – Ozie reported that the survey has been finalized and approved by Risk Management. Performing it has been put on hold until finalization of the DC Budget.

Food Stamp Nutrition Education Program – There is a new ESNY State Coordinator, Lisa Irving, will focus on Marketing, Collaboration and Accountability.

Mallory reported that Plant A Row volunteers donated over 855 lbs of vegetables and that the Rhinebeck Community Garden will be open again next year.

Northeast Community Center received the new Freedom Grant for \$200,000 which will help provide transportation in that area of the County. They will purchase two new buses. It will cover the Amenia, Millerton, Dover Plains, Stanfordville and Millbrook areas. This service will not replace the Dial-A-Ride service. The service is free. There will not be any income restrictions with this service and additionally they are planning fun day trips outside the Dutchess County area.

Physical Activity Assessment –Only half of the Surveys have been added to the database. We do not have a person to do the data entry on the remaining surveys, but Shayna will be doing as much as she can. We covered a great area of Dutchess County, but there were areas (Northeast and Northwest corridors) of Dutchess County that were not surveyed . In addition, we are planning to have our website person add an additional section for the list of Needs Assessments we currently have and the links to them.

Follow-up actions for next meeting:

- Recruiting reps from other organizations. Please bring a list of potential organizations to invite to NAC**
- Topics for the year and how to best “schedule” them**

Next Meeting: January 20, 2011

Schedule for 2011:

February 17

March 17

April 21

May 19

June 16

July 21

August 18

September 15

October 20

November 17