

Nutrition Advisory Committee of Dutchess County

Meeting Minutes – Thursday, January 20, 2011

In Attendance: Christine Sergent, Nancy Cimbrello, Mallory Jackson, Shayna Russo, Rebecca Lull (CCEDC), Kathy Bell (Astor ECP), Diane Ruffin (Beulah Baptist Church), Ozie Williams (DoH), Susan Grove (PFP), Pat Brown (OFA), Maryann Loiacono (DSS), Angela Valez (Hudson Health Plan), Brian Riddell (Dutchess Outreach)

Program Sharing and Announcements:

-Shayna passed around a flyer for “Discipline is Not a Dirty Word” workshop that Nina Doyle, from our RAPP Program, is conducting on 1/31, 2/7, 2/14 from 12:30-2:30 at FPC.

-Kathy Bell mentioned that they received a grant from United Way to conduct a workshop for caseworkers to share what their programs are doing. A whole day will be spent on explaining their programs to each other. She will pass the date to the committee when she has it.

-Brian Riddell mentioned that on January 28, there will be a Point in Time Homeless Survey at the lunch box. The Health Department will also be giving out free vaccinations.

-Christine passed around a flyer on the Child Nutrition Reauthorization Act. Our nutrition programs have been funded through the past 12 years by SNAP-ed (Food Stamp Education). One of the changes is that FSNE will be operating through an open bidding process instead of a direct contract. The funding will likely continue for successful counties. Some counties are not that successful and those contracts will be out to bid. It will take a year or two for this change to take effect.

-Shayna mentioned an article that was in the Poughkeepsie Journal about many new things happening in Poughkeepsie. Associated Supermarket is moving forward to opening in the 600 block of Main Street. Save A Lot Supermarket is planning on opening on N. Hamilton St. Poughkeepsie Farmers Market will move from Main Street to the Walkway's eastern entrance.

-Shayna reported that Dr. Clare will be hopefully joining our committee. Dr. Clare is a pediatrician who her personal passion is childhood obesity. She writes a monthly column regarding childhood obesity. She is located at St. Francis Hospital.

-Christine did an update on sugar sweet beverages. The adult survey added 3 more questions to their annual survey. Regular soda is about equaling the amount of sweetened beverages that consumers are drinking.

-Susan Grove reported that PFP received a grant for high school garden and also funding for scholarships for farm visits, for farmers who cannot afford farm visits.

-Pat Brown mentioned that her division's name has changed. She is no longer OFA, The larger new department is known as Services for Aging, Veterans and Youth and the specific name is the Division of Aging Services. Because of budget cuts, Aging went from 9 centers to 7. The department lost 2 site managers and ½ clerical.

-Astor's ECCSI has been refunded. The program deals with children that were at risk for putting into outer home placements. Christine asked Kathy how the project is going that enabled them to expand their services in Red Hook. Kathy reported that Astor has increased their numbers in the age group 0-5. The money runs out in September. They are not sure if they will be able to continue receiving funding for that program.

-Beulah Baptist Church started a Weight Watchers program. It runs every Wednesday for 12 weeks. Also, Dr. Vig has volunteered his dental services. On 1/29 they will start transporting a group of 10-12 people over for dental checkups.

-Shayna mentioned our budget cuts. All the information is on our website (<http://ccedutchess.org/>). The Financial Management Program is on hold. Christine mentioned that we are trying to keep our Pok and Beacon offices. Kathy mentioned that Astor might have office space to use in Beacon. Ozie suggested any religion or government building might be able to help and rent out space to us.

-2011 schedule is finalized. The room is booked in the FPC.

New Business:

-SWOT Analysis: Attached is the discussion of the SWOT Analysis

Updates:

-Susan reported on the status of Building Bridges to a Hunger-Free Poughkeepsie. In March, there are three scheduled survey weekends for volunteers to go out into the community. Susan has found that it is a very time consuming process. They have knocked on 1,000 doors and only have 140 surveys. They need 375. Susan passed out flyers to be used in promoting the need for volunteers. She also mentioned that they applied for a big grant in October. In December, they received a lot of questions regarding their proposal and budget.

-Mallory reported on Dutchess County Fish Advisory. A coloring book geared towards elementary and middle school age children were passed around for any general feedback. The coloring book is used to educate fishermen not to eat fish out of the Hudson River and will be handed out in fairs.

Follow-up actions for next meeting:

- Finish SWOT analysis and discuss.**
- Discussion topics and timeline for the year**
- Review Goals, Objectives, mission**

Next Meeting: February 17, 2011

Schedule for 2011:

March 17

April 21

May 19

June 16

July 21

August 18

September 15

October 20

November 17