

Nutrition Advisory Committee of Dutchess County

Meeting Minutes – Thursday, April 21, 2011

In Attendance: Christine Sergent, Shayna Russo, Nancy Cimbrello, Amy Baum, Rebecca Lull (CCEDC), Ozie Williams (DoH), Susan Grove (PFP), Al Muhlnickel (Food Service Pok Schools), Kimberly Clare, MD (TLC Pediatrics), Lorraine Scuccimarra (Child Care Council), Jackie Bucelot-Mills (Community Member), Jacky Cooper (DSS)

Program Sharing and Announcements:

-Ozie reminded everybody about the Health Fair on 4/23 at Beulah Baptist Church.

-Ozie is conducting a diabetes workshop on 4/30 at St. Francis Hospital Atrium from 8:30-12:30. She will email Shayna the flyer to pass along (Attached to e-mail). You will need to register beforehand.

-Christine mentioned two gardening workshops that are happening at CCEDC in Millbrook: Growing and Cooking with Asian and Gardening from A-Z. Check our website: www.ccedutchess.org. Christine also mentioned our parenting workshops and the CCEDC's plant sale is May 13 and 14. (Flyer attached to e-mail) All details are on our website.

- Al mentioned that the Poughkeepsie City School District Food Service is having a competition with students in the school to create a healthy menu. The contest ends May 5th. The winner will receive a laptop (received from Kelloggs). Al also discussed some of the efforts that have been going on with the Culinary. It was asked if anyone has heard any follow-up from some outreach that the CIA did in the past. No updates were able to be given.

Follow-up actions from February Meeting:

- Member-info sheets: Shayna has received a couple of the bios back. She would like them all back by May so that she can compile them. It will be a great tool for new members plus a marketing tool.
- Goals and by-laws update: The goals were updated to read "Eat Well Play Hard guidelines". Christine also suggested that on the back of the agenda, after the goals are listed, to list all the partners who are involved in this coalition.
- Update on Health and Fitness Day June 17: Susan reported that PFP is partnering with Walkway over the Hudson. On June 17, Health and Fitness Day will be from 3-7. The event is geared towards more physical activity and an engaging event, and less handouts. Susan was unable to share any more information.

New Business

National Food Day October 24: Edward Frederick, from Hudson River Health care, and Shayna are coordinating efforts in Dutchess County. He was invited to attend today, but unable to make it. There are about 15-20 agencies wanting to coordinate in trying to do something. Shayna passed along a press release that listed the key priorities **(Attached to e-mail)**. A suggestion was made to send out a Save the Date to community agencies, key people, and schools that would be interested to participate. A school curriculum will be provided to schools. Shayna has access to the logo. Their website expands on the press release: www.foodday.org. Susan mentioned that the Farmers Market at the Walkway will be doing an event regarding Food Day. Susan also pointed out the Poughkeepsie Urban Bike Hike during that weekend. The bike hike will go through the city stopping off at certain stops to learn about the Poughkeepsie food system. Christine said that it sounded like the consensus was that it will be a 3 or 4 day event that each agency will be doing their own activity. Christine suggested asking if the Farm Bureau would like to get involved. Shayna said that agencies from Westchester, Rockland, Orange, Putnam and Dutchess will be doing a conference call. She will also talk to NYSHEPA to get a phone number or polycom to converse. Al offered to put the flyer listing the events through the Hudson Valley on the back of his school's menus.

- Christine said that the objectives need to be reformulated so that nobody feels alienated. Shayna said that next Friday is the conference call and she will bring it up during that call to see if anybody else feels the same way about the key priorities. *Unfortunately materials have already been printed and given to agencies across the state and nothing can be changed at this time.*

*****Food Day was discussed with the CCEDC Board of Directors and various departments in the agency. As you all know, CCEDC is a research based educational organization, and based on the objectives presented and printed on Food Day materials CCEDC is unable to sponsor/ host an event. If you need further clarification please feel free to contact Christine or Shayna.*****

- **Summer Feeding:** Jacky is interested in assisting in helping to get the summer feeding to the Beacon area. It was noted that the Beacon Recreation Department has not been very receptive in the past. YMCA in Orange, who has responsibilities in Dutchess, is attempting to get Beacon's pool open and might be worth contacting. Last year in Poughkeepsie, there were 4 open sites and 13 closed site and 1 in Beacon. The committee has agreed that we need to have specific goals.
 - **Summer feeding GOALS:**
 - Sites in Beacon: at least 1 possibly 2.
 - For Poughkeepsie area: there is a need for a site near St. Francis Hospital, in the Columbus St. area. Another goal is to increase the meals. Need to do outreach around each site. Email flyers to all churches so that they can put it in their bulletins. **GOAL:** Maintain the number of open sites from last year (4) with the

possibility of adding one near the St. Francis Area. Increase the number of meals served by doing site specific marketing.

- Ask the Interfaith Council if they are willing and able to suggest sites available in the Poughkeepsie or Beacon area.
- **Community Needs Assessment:** The school surveys that were filled out last spring are all entered into a database. The results will be posted on the CCEDC website. Shayna will be working on the reports to send to the schools.

Updates:

- Community Food Assessment: 205 surveys are completed. The goal is to reach 375. At our May 19th meeting, the committee will be out in the Poughkeepsie area conducting the surveys.
- Food Stamp Nutrition Education Program: Christine is working on the numbers, but it is expected that there will be a reduction in our program. We are unsure how big or small that reduction will be. Ozie mentioned that the Health Department has conference rooms available to use in Poughkeepsie area. Beacon offices will be moving and are planning to utilize space with Nubian Directions.
- Fish Advisory: The Poughkeepsie schools are filling out the fish surveys.

Follow-up for next meeting:

- Agency bios for marketing and outreach!!!!!! (attached)
- Decided by the group to work with PFP on Building Bridges Surveys. Next month do a NAC survey day for our meeting on the 19th. Susan will do a brief training and then we can hit the town☺

Next Meeting: May 19 - Building Bridges Survey with PFP!!

Schedule for 2011:

June 16

July 21

August 18

September 15

October 20

November 17