

Nutrition Advisory Committee of Dutchess County

Meeting Minutes – Thursday, June 16, 2011

In Attendance: Shayna Russo, Rebecca Lull, Mallory Jackson, Lacie Schmidt, Erin Gale (CCEDC), Susan Grove (PFP), Al Muhlnickel (Food Service Pok Schools), Jackie Bucelot-Mills (Community Member), Jacky Cooper (DSS), Brian Riddell (Dutchess Outreach), Diane Ruffin (Beulah Baptist Church), Sheree Gover (DSS), Sandra Pinkney (Community Family Development), Gwen Davis (Beacon Housing Authority)

Program Sharing and Announcements:

-Lacie: RAPP (Relatives as Parents Program) is holding their annual summer picnic on July 20 from 3:00-6:00 at Bowdoin Park in Poughkeepsie. The picnic is open to all current and new participants of the program. Lacie will forward a flyer to Shayna to distribute. Transportation will not be provided to the park.

-Al received a fresh fruit and vegetable grant to serve healthy snacks at Columbus and Clinton Schools. Al is hoping to provide the snack around the 1:30 time frame.

-Shayna mentioned the Poughkeepsie Kids Cook Off video. Kudos to Al. Al gave away 2 laptops to the winners who will also have their recipes on the school menu. The recipes will be named after them.

-Al mentioned that Ricco, from CIA, wants to place students as an externship into the CIA from Poughkeepsie and Red Hook School. Al will send out the link to Shayna. The link is <http://healthykids.ciachef.edu/>

-Shayna mentioned that a new group is trying to form within Planned Parenthood. The LGBTQ/Allies Youth is trying to form one in Beacon.

Follow-up actions:

-FSNE Update: CCEDC weathered the federal budget cuts. We will receive the same amount next year. We are able to keep the Poughkeepsie and Beacon offices and provide food for NAC meetings. We are still able to do our program but not recruiting as much since we have already reached our numbers. Other nutrition programs in other counties have been cut completely out.

-Shayna restated that CCEDC will not be able to participate in Food Day. Based on CCEDC Board and Cornell Extension. If anybody else would like to participate, Shayna can pass along any information. Eastern Dutchess Rural Health Network is still participating.

New Business

Summer Feeding:

- Jacky thanked Al for all the amazing work he does for the children in Poughkeepsie and Beacon. He has been so instrumental in helping us achieve what we have in Beacon.
 - Sites in Poughkeepsie – 4 open sites:
 - New Hope Community on Hudson Ave. (7/11-8/19) *(Breakfast and Lunch)*
 - Potter House on Noxon St. (7/11-8/12) *(Breakfast and Lunch)*
 - FPC *(Breakfast and Lunch)*
 - Beulah Baptist Church *(Lunch only)*
 - Sites in Beacon – 2 closed and pending on 1 open:
 - New Covenant Circle – closed – *(Breakfast and Lunch)*
 - Alpha and Omega School – closed – *(Breakfast and Lunch)*- *Only be serving them one day a week because of all the field trips.*
 - Beacon Community Center - *pending*
 - Beacon Housing Authority is meeting on Monday night to discuss the possibility of an open site at Beacon Community Center. The Housing Authority needs to know the status of the building so that they can determine when they can actually serve lunch. M&T Bank has offered to do all the printing for the flyers.
 - CCEDC will be able to do the kickoff event at Poughkeepsie and Beacon. Susan Grove mentioned to contact Common Ground in the Beacon Area to assist – they have a mobile market.
 - Dutchess Outreach will be the contact for Poughkeepsie. Shayna will be the contact for Beacon. Shayna will email the flyer with the list of sites.
 - Some members have been in touch with the Springfield Baptist and Star of Bethlehem Churches in the Beacon area and that they might be interested in hosting an open site.
 - A suggestion was made to have nutrition education at the sites. If a NAC member/organization takes one week and has a person there one time (one hour) during the week to perform the nutrition education, which will satisfy our goal. Susan will check with her education specialist. Shayna will reach out to CCEDC's volunteers.
 - Interfaith council is still being reached out for possible sites next year.
 - Number of meals served:
 - 2008 – 22,926
 - 2009 – 26,239
 - 2010 – 32,000+
 - 2011 – 37,000 *estimate*
- Since 2008 it has been a 60% increase (using the estimate for this year) and a 15% increase from last year.
- Shayna passed around a letter that goes out to organizations asking for donations for the kickoff event. She will add the organizations who participate in NAC on the back bottom of the letter. We need suggestions for donations in the Beacon area.
 - Webatuck and the Northeast area of the county is interested in getting summer feeding out in their area, but the challenge is that it is very rural.

- **Summer feeding GOALS:**

- Sites in Beacon: at least 1 possibly 2.
- To increase the meals served by 15%. Need to do outreach around each site. Email flyers to all churches so that they can put it in their bulletins.
- Maintain the number of open sites from last year (4) with the possibility of adding one near the St. Francis Area.
- Conduct at least 6 nutrition sessions at an open site, possibly FPC.

Updates:

- PFP: Had an excellent Advisory Kick Off. The advisory meets every quarter.
 - The First Community Forum will be held on July 13 at 5:30 at Mid Hudson Heritage Center. It is the first set of series to get people interested in the food system.
 - Community Food Assessment: 200+ surveys are completed. The goal is to reach 375. Any groups interested in conducting the surveys, please let Susan know.
 - Farmers Market flyers: next community event at the walkway is this Friday.
 - PFP will be conducting a discussion series at the library during the summer.
- Food Stamp Nutrition Education Program: everybody should have gotten the email sent from Shayna from Christine regarding our budget.
- Fish Advisory: CCEDC was approved for the final year of the grant. Please let Mallory know if you are in need of any materials. Seventy five surveys have been collected this quarter. Next spring, the advisory will be throwing a fish summit.

Follow up in the next couple of weeks:

- Hear from Beacon Housing Authority concerning the open site
- Set educational sessions.
- Get approval for flyers and send them out.
- Possibly invite various community figures and politicians

Next Meeting: July 21

Schedule for 2011:

July 21	August 18	September 15
October 20	November 17	