

# Nutrition Advisory Committee of Dutchess County

Meeting Minutes – Thursday, July 15, 2010

*In Attendance: Christine Sergent, Shayna Russo, Joy Weber-Maass, Lacie Schmidt, Mallory Jackson (CCEDC), Kathy Bell (Astor ECP), Diane Ruffin (Beulah Baptist Church), Ozie Williams (DoH), Vicki Lucarini, (DoH), Rachel Ambroziak (CFD)*

## **Program Sharing and Announcements:**

Lacie Schmidt mentioned that the RAPP Picnic will take place on Wednesday, **July 21<sup>th</sup> from 3:00-6:00 p.m.** at Bowdoin Park in Poughkeepsie. Families who may be interested in the RAPP program are encouraged to attend.

Christine talked about her meeting with the Osborne Association. The Osborne Association works with incarcerated people who going to be released soon to acclimate themselves back into society. Osborne provides support groups and educational programs. Their goal is to have a safe a place for them and their families to meet and communicate with others in the same situation and to learn new job skills. They are located at 25 Market Street, Poughkeepsie, on the 6<sup>th</sup> floor. **(Flyer attached)**

## **Follow-up actions from last meeting:**

Summer Feeding Program – Shayna gave an update of the Summer Feeding Kickoff Event. She said it went very well and approximately 70 children were served free lunch. There are 14 Summer feeding sites. Four of the sites (Family Partnership Center, The Potter House, New Hope Community Center and Beulah Baptist Church) will be open to the general public. The hours of when the sites are open for Breakfast and lunch is indicated on the flyer. **(Flyer attached)** The Summer Feeding program will run from July 5 through August 27.

Poughkeepsie City schools Food Service Department is working New Covenant Community Center in Beacon as an open site b/c BCSD is not hosting summer feeding this year.

She reported that she got donations from approximately 13 different organizations as raffle prizes. Shayna will send thank you letters to those organizations that made contributions.

NAC and FSNEP Brochure – Copies were brought to the meeting and are ready for distribution.

**Please contact us if you need copies.**

## **New Business:**

Just a reminder: August NAC Meeting is canceled.

Farmer's Market Promotion: Shayna mentioned the Common Greens Mobile Farmer's Market which is a joint effort with Common Ground Farm and CCEDC's Green Teen Program. The locations of where it is located are listed on the **(FLYER ATTACHED)**

Christine mentioned that Healthy Harvest/Johnson Farm still have shares available.

Farmers Market promotion to increase/improve outreach to the Hispanic Community: Christine asked for input as to where our focus should be.

Locations mentioned:

- Mansion Street near city center
- Main Street near city center
- Warring School area

NAC is a committee of Dutchess County community and organization representatives brought together with support from Cornell Cooperative Extension Dutchess County, Eat Smart New York!, Cornell University, NYS Department of Health Eat Well Play Hard, and the County of Dutchess. CCEDC provides equal programs and employment opportunities. The programs provided by this agency are partially funded by monies received from the County of Dutchess. Please contact the Cornell Cooperative Extension Dutchess County office if you have any special needs.

- Corlies Avenue and Main Street
- Bodegas along Main Street
- Mansion Square park towards Arlington
- Morse School area
- Main and White Street
- St. Mary's Church on South Hamilton Street
- 7<sup>th</sup> day Adventis Church on Bridge Street
- Baptist Church on Mill Street
- Christ Episcopal
- Mount Carmel Church
- St. John's Church in Beacon
- Village of Wappingers
- Ahora
- Dover Plains
- Amenia
- Millerton
- Pawling

Ozie Williams recommended that Christine contact the Dutchess County Department of Health and talk to the Spanish Translators for the Public Health Nurses that deal with the Hispanic Community. They may have more insight as to where we can improve our outreach to that Community.

Vicki Lucarini mentioned Hudson River Health Care and the outreach contact is Ed Frederick. **Vicki will send his contact info to Christine.**

Community Food Assessment: Christine asked the Council members for input to bring with her when attending advisory meetings with PFP relative to what questions and limitations should we follow when we draft the survey questions.

- Literacy level should be considered. It should be written in 3<sup>rd</sup>-6<sup>th</sup> Grade level with short and direct questions
- Yes or No. If yes, than
- Use surveys previously done as examples such as WIC, State of California and State of Massachusetts surveys
- Include cooking skills and food preparation questions
- What processed or prepared foods are
- Where do you buy your food

A few different surveys that will target specific areas in the city and county should be done. Some should target populations such as Seniors, Disabled, Business Owner, Agricultural, Child Centers and Schools.

Christine asked if each Agency could submit at least 2 questions that they would like to see on the Survey. Another recommendation is to pilot the survey to a small population to see how successful it is. If successful, then roll it out to a larger population.

EWPH School and Physical Assessment Survey: Shayna announced that Pine Plains (Seymore Smith School) did sign-on as one of the EWPH school. Shayna also said that she received about 5,00 Physical Activity Assessment Surveys via the schools. Data entry is currently being done.

## **Updates:**

**Capacity Building Initiative** – 5 Dutchess County Buildings were visited and Ozie chose items that considered Healthier Options from the Vending Machines Company. She compiled nutritional information on those foods. There were volunteers at each site as Food Champions. She has drafted

a Department of Health Vending Survey. When completed, it will be added to SurveyMonkey.com. It needs to be completed by August 30<sup>th</sup> for submission to New York State. Changes were suggested to some of the questions. Ozie will send the survey to the Council Members for their review.

**Food Stamp Nutrition Education Program** – No updates.

**PFP/Farmers' Market** – No updates.

### **Follow-up actions for next meeting:**

- Vicki will send Christine info on contact at Hudson River Health Care**
- Ozie will sent Christine contacts at DOH relative to Hispanic population**
- Kathy Bell will provide contact for LoSomos (sp?)**
- AI will give an update on Summer Feeding Program**

**Next Meeting: September 16th, 2010**

#### **Schedule:**

October 21<sup>st</sup>

November 18<sup>th</sup>

(No meeting in December)

#### **ATTACHMENTS:**

**Summer Feeding Flyers**  
**Common Grounds Flyer**  
**Osbourne Association Info**  
**Soda Tax document**