

Nutrition Advisory Committee of Dutchess County

Meeting Minutes – January 17, 2013

In Attendance: Shayna Russo, Nancy Cimbrello, Lacie Schmidt, Rebecca Lull (CCEDC), Ozie Williams (DoH), Jackie Bucelot-Mills (Kids R Kids Feeding), Susan Grove (PFP), Rosina Tezgeldi (Hudson Health Plan), Diane Ruffin (Beulah Baptist Church), Ann Vizcarronda (Health by Ann), Brian Riddell (Dutchess Outreach), Lorraine Scuccimarra (Child Care Council), Erin Hlywa (DC Healthy Families), Krista Adams (Hudson Valley Community Services, Inc.), Lorelei Pollock (Beth-el Christ Church) Amy Baum (DC Healthy Families), Pat Brown (OFA)

Program Sharing

- Rosina mentioned that Hudson Health Plan now has a member advisory council. Council members would supply feedback to board members concerning all aspects of the business. Rosina also mentioned that on the 16th at the Poughkeepsie Plaza the 15th Annual Health Fair will be from 10-4pm.
- Jackie is incorporating her program and applying for non-profit organization.
- Ozie announced that she has been in contact with Dr. Popel (Poughkeepsie Central School District) and she has agreed to conduct the WOTN screening for school nurses and school psychologists on 2/26.
- Kathy Bell shared the news about NYU. NYU will be going to Clinton school to give free dental work to children.
- Susan Grove announced on 2/7 at 5:30 at Heritage Center will be the next step for Pok Plenty Project. Susan Grove will be leaving her position as ED at PFP at the end of March. She will continue with Poughkeepsie Plenty on a part time basis.
- Amy mentioned the Poughkeepsie Parent and Baby Center, a playgroup for moms, pregnant women, dads, babies, and toddlers. They meet every Wednesday from 1-2:30 at the FPC.
- Nancy passed around the flyer for free tax prep. Call 211 to set up an appointment and find locations.
- Krista shared that ARCS is now called Hudson Valley Community Services, Inc. They are now expanding their services to reach out to all chronic illness, such as diabetes, hypertension.
- Shayna shared that Ruth Moore is CCEDC's new Executive Director. Ruth brings over 25 years of legal and administrative experience in state government, most recently at the NYS Department of Agriculture and Markets where she was General Counsel.
- Via email, Al shared that there will be hot meals served at a trailer in front of the Poughkeepsie High School during the summer.
- Susan shared information on Mid-Hudson Pattern for Progress, Inc. grant for \$100,000. The Hudson Valley Farm to School initiative is a unique collaboration between Pattern for Progress, the Poughkeepsie City School District, Poughkeepsie Farm Project, and Hudson Valley Agribusiness Development Corporation. The

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initiative aims to meet two goals: to develop routine procurement of local foods; and to create a culture of food systems learning and engagement for the Pok City Schools.

- Due to the fiscal cliff, Shayna announced that there is a 28% cut from the USDA for Food and Nutrition Act. Not sure how it will affect CCEDC and FSNEP funding.

Follow-up actions from last meeting

- The 2013 meeting schedule is attached.
- WOTN screening had 36 attendees. Ozie, Liz Phillips (Hudson River Health Care) and Shayna helped facilitate. About 26 different agencies represented in the room. They received great feedback. Due to the success, they are able to reach out to Poughkeepsie City schools. The section "Children in Crisis" will be shown for the presentation with Nurses, Social workers etc. Their goal is to inform people of the documentary and get ideas flowing and change in their home or organization.
 - Some of the feedback from the screening:
 - The screening be available to politicians, Chamber of Commerce.
 - Need to continue to build momentum.
 - Presentation to key stakeholders.
 - Like the employee wellness day.
 - Have a competition to lose weight.

New Business

- Shayna passed around last year's Mission and By Laws for the committee to look over. (attached)
 - Shayna mentioned the 2 goals that were added last year, #10 and #11.
 - The committee usually does not have to vote but wanted to mention that in order to have a vote count, a member needs to have attended 6 out of the 11 meetings. Need to have at least 5 different agencies represented for a quorum and each agency gets 1 vote.
 - It was noticed that a goal on the By Laws was not on the back of the Agenda and will now be added.
 - It was also noted that Section 8: Communication: Any requested feedback is needed within 10 business days. If no response is given, a "no comment" response is assumed.
- Members were asked to write down 2-3 priorities that you would like NAC to focus on during the year.
 - Priorities for the 2013 NAC Year according to members:

1. Summer Food Service Program (school meals) (7)

- a. Nutrition education and healthy eating ideas at summer meals
- b. Integrate nutrition-ed into on-site feeding/food programs
- c. Increase attendance in Dutchess County by 15%
- d. Increase amount of fresh food for preparation or distribution on-site food/feeding sites

e. How to advocate more effectively for free school lunches (may be out of the scope of our work)

2. Educational Resource: (6)

- a. Access to resources
- b. Educate more agencies/politicians about the fiscal cost of obesity
- c. Continue sharing community assessments with emphasis on nutrition/food related issues
- d. Access to the most up-to-date research and data regarding nutrition and our community.
- e. Referral sources – opportunities to make referrals
- f. Connect with faith based organizations-nutrition activities, cooking demos, activities around food.
- g. Weight of the Nation
- h. information on nutritious foods for families can be quickly prepared and not be costly
- i. ideas for food co-op purchases for daycare, school age programs that contribute to the community, such as a curriculum that includes starting a garden that producing food for the center and can also be contributed to families
- j. Increase awareness of SNAP to make sure we're reaching those eligible

3. Food Security and Food Systems (4)

- a. Food security in cities : Beacon and Poughkeepsie

4. NAC visibility: (6)

- a. Do an event for community: food festival, waterfront event showcasing the various healthy and diverse foods in our community, Food Day (10/24)
- b. Opportunities to collaborate on events/other related coalitions throughout the county and Hudson Valley.
- c. Press: possibly an article in PoJo, north/south Dutchess News, who we are, what we do.

- Based on last year's goals, we do have an intro letter to share with other agencies. Shayna will share with the committee again. **(Attached)**
- A suggestion was made to have NAC members plan an event where there would be food demos, workshops, and giveaways to attract the community to attend.
- Dutchess County RFP Process: CCEDC is submitting proposals to the county for funds. We will find out March 1 if we get rewarded.

Updates

- FSNE: Shayna already updated.

- Farmers Markets: The status is very uncertain for this year; depends on new leadership and the board. It is very likely that Pok Farm Project will not sponsor the Farmers Markets. There is a working group that is planning on establishing a mobile market in the City of Pok. The mobile market will not be launched until 2014.
- Community Discussions – Community Gardens: Christine is planning a community garden discussion on 2/13. She is looking for people who have done it, doing it or are ready to go ahead and do it. If you or anybody you know is interested, please send the info to Shayna or Christine. Christine will be sending out invitations shortly.

Next Meeting: February 21, 2013 @ Family Partnership Center

2013 NAC Meeting Schedule

3rd Thursday of the month from 12:00-1:30 @ Family Partnership Center, 29 N. Hamilton, 12601

February 21	July 18
March 21	August 15
April 18	September 19
May 16	October 17
June 20	November 21
	(No December meeting)

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