

Nutrition Advisory Committee of Dutchess County

Meeting Minutes – March 15, 2012

In Attendance: Christine Sergent, Shayna Russo, Rebecca Lull, Nancy Cimbrello, Lacie Schmit (CCEDC), Lorraine Scuccimarra (Child Care Council), Ozie Williams (DoH), Jacky Cooper (DSS), Al Muhlnickel (Pok City Schools Food Service Dept), Brian Riddell (Dutchess Outreach), Mary Marshall (Catholic Charities), Jackie Bucelot-Mills (Kids R Kids Feeding Program/Beacon Resident), Tara Callas (WIC Pok), Amber Hansen (Vassar Brothers Hospital/CCEDC Volunteer), Blain Webster (CIA Student).

Program Sharing:

- Nancy mentioned about the Hudson Valley Cash Coalition in the county. Free tax preparation. Call 2-1-1 to set up an appointment.
- Lacie discussed the upcoming RAPP respite event at Roller Magic on 4/2 from 1-3. Also on 4/17 at F&HC have program called "A View from the Bench" with Judge Posner. (Flyer attached)
- Christine's next round of caseworker training for financial management, through a grant with United Way, will be starting soon. If your agency has any caseworkers that would be interested in receiving the training and being able to report back the outcomes, please let Christine know.
- Shayna mentioned the childhood obesity conference in the region on 4/21.
- Al mentioned that NY State is applying for a pilot program that every child will eat free in the schools.
- Jacky mentioned that there is a 12 week exemption from employment activities to care for a child. The legislature is looking to extend these regulations. **Attach the link from Brian.**
- Christine attended the Astor Breakfast hosted along with Chamber of Commerce. Mark Molinaro was one of the speakers. His high concern and commitment is for mental health and youth issues.

Follow-up actions from last meeting:

- Letter to Health Quest – Some feedback was given to "soften" the tone of the letter. Revisions were made and the letter was passed around for agencies' approval.
- NAC and Food Card Brochures: have been updated and available to use. Please take what you need. The Spanish versions are being reviewed for grammar and will be sent out when completed.
- BY Laws update:
 - Goals Update: To facilitate the implementation and communication, of environments and policies that support healthy lifestyles for adults, youth, children and seniors including strategies outlined in the Dietary Guidelines for Americans and the Eat Well Play Hard guidelines wherever possible.
 - Two new goals were added:

- Promote and recognize the accomplishments of the coalition when speaking with representatives of various agencies and government
 - Provide advice and educational support regarding food, nutrition and wellness topics to agencies and governmental institutions within Dutchess County as needed
 - Article 5: Membership: NAC is held eleven times a year. A voting active agency and or individual member must be present for six of those meetings.
 - Article 9: Meetings: A quorum will be present when five different active agencies are present at regular NAC meetings. Each agency will have only one vote.
 - Section 8 – Communication: Communication requests that are initiated for items such as brochures, letters, updates, agency approval etc shall be reciprocated within 10 business days of delivery. This will allow the facilitators to process things from the group in a timely manner. If no response is given by the agency or its representative a response will be assumed. (Brian suggested that a *positive* response is assumed.)
- Poughkeepsie Food Forum at NAC: the consensus was that the forum was a positive experience. Members got a lot out of the examples that were given. Christine read a list of outcomes from the survey. The top priority was to create a local food hub to distribute to institutions.
 - Promotional Outreach Tool: A letter was created to recruit new agencies to attend our committee. It was sent via email before the meeting. Shayna mentioned that you can manipulate the letter a little to make it personalized. Christine suggested that you can put your agency's logo at the bottom of the letter. If any new agency/member knows that they would like to be a volunteer helping out during a certain event, their help would be greatly appreciated.

New Business:

To be added for ongoing discussions:

Christine mentioned two things that should be added to the timeline: project development and grants. Food systems should be discussed as to what is going on around the county. Maybe bringing in a speaker to discuss a specific topic and then afterwards having working discussions around the topic. Grants are constantly coming up and needs to be addressed.

2012 Topics Timeline

o NAC Membership and Promotion

NAC is a committee of Dutchess County community and organization representatives brought together with support from Cornell Cooperative Extension Dutchess County, Eat Smart New York!, Cornell University, NYS Department of Health Eat Well Play Hard, and the County of Dutchess

- January and March discussions
- **Outreach to target populations**
 April discussion - will be ongoing discussions in the future.
 Food pantry information, inside information to reach senior and immigrant population, outreach techniques and success stories
 Bring outreach needs and resources.
- **Summer Food Service Programs**
 Touch base in April, May – June discussions
 Beacon will be preparing food in Beacon this year. As of this meeting, there are 3 closed sites, 3 open sites and 3 potential sites for the Beacon area. Jackie will share her promotional packet that she created. Shayna has a hard copy of this document and
- **Farmers Markets**
 May-July discussions
- **Nutrition Education in the Community**
 September discussion
- **Educational Updates and Resources for the Committee**
 October and November discussions
 Education for the group, i.e. MyPlate
 CACFP – Changes and requirements

Updates:

Dutchess County Fish Advisory: Held successful Fish Summit at the Wallace Center. Over 100 people attended this free event. Shared information on types of fish and who can and cannot eat out of the Hudson.

Next Meeting: April 19

3rd Thursday of the month from 12:00-1:30 @ Family Partnership Center downstairs by the cafeteria

May 17
 June 21
 July 19
 August 16

September 20
 October 18
 November 15
 (No December meeting)