

Nutrition Advisory Committee of Dutchess County

Meeting Minutes – April 19, 2012

In Attendance: Christine Sergent, Shayna Russo, Rebecca Lull, Nancy Cimbrello, Lacie Schmit, Pat Hubbard (CCEDC), Jacky Cooper (DSS), Al Muhlnickel (Pok City Schools Food Service Dept), Brian Riddell (Dutchess Outreach), Daniel Buzi (Dutchess Outreach), Mary Marshall (Catholic Charities), Sarah Rogine (Catholic Charities), Jackie Bucelot-Mills (Kids R Kids Feeding Program/Beacon Resident), Tara Callas (WIC Pok), Blain Webster (CIA Student), Kathy Bell (Astor Services), Pat Brown (DC Division of Aging), Susan Grove (PFP), C. Diane Ruffin (Beulah Baptist Church), Rosina Tezgeldi (Hudson Health Plan), Jenny Hansell (Northeast Community Center).

Program Sharing:

- Catholic Charities passed around a flyer for the event called "Immigrants: Know Your Rights" on 5/22/12 from 6pm-8pm at St. Joseph's Church Hall in Millbrook.
Flyers attached
- The Consulate General of Mexico in NY will process passports on 6/1-6/3 in Poughkeepsie from 9-2. Another presentation will be offered in September.
Flyers attached
- Susan Grove mentioned to save June 23 for the Poughkeepsie Plenty City Wide Action Planning Forum. They are in the process of conducting food forums. They have done 12 already. The goal is for 20. The surveys are complete. For an update on forum dates and locations: <http://farmproject.org/content/poughkeepsie-plenty>
- Kathy mentioned that they are currently recruiting for any children who are 3 years old by December 1 to be eligible to participate in Astor. Another program is for children from birth to 5 year olds for Developmental Screening. They perform these at numerous libraries in the area. The purpose is in hopes to get children services before they reach kindergarten. There is another program for 2 – 12 year olds for the social screening for mental health issues.
- Lacie mentioned an upcoming RAPP educational parenting series called "Discipline is Not a Dirty Word" on May 8, 15, and 22 from 6pm-8pm at the Beekman Recreation Center. *Flyer attached*
- WIC has an Open House from 1-4 on April 20. All agencies are welcome to attend.
- Community Family Development is offering sessions through the summer for children from ages 6-12. *Flyer attached*
- Underage drinking forum on 4/30 at 7pm at East Fishkill Town Hall presented by CAPE.
- Community Health Indicators for Dutchess County have been released for 2012. Here is the link:
<http://www.co.dutchess.ny.us/CountyGov/Departments/Health/Publications/HD2012CommunityHealthStatusReport.pdf>
- Christine passed around the Childhood Obesity Weekly Policy Update from the Robert Wood Johnson Foundation.
- Christine mentioned that the Farm Bill is out for renewal in the Senate. The Senate is writing a new bill and could mean cuts into the SNAP and SNAP-ED programs.

Follow-up actions from last meeting:

- NAC and Food Card Brochures (with 2011-2012 numbers) have been updated and available to use.
- Shayna went through the timeline of topics for the year:
 - **NAC Membership and Promotion**
January and March discussions
 - **Outreach to target populations**
April discussion - will be ongoing discussions in the future.
Food pantry information, inside information to reach senior and immigrant population, outreach techniques and success stories
Bring outreach needs and resources.
 - **Summer Food Service Programs**
Touch base in April, May – June discussions
Beacon will be preparing food in Beacon this year. As of this meeting, there are 3 closed sites, 3 open sites and 3 potential sites for the Beacon area.
Jackie will share her promotional packet that she created. Shayna has a hard copy of this document.
 - **Farmers Markets**
May-July discussions
 - **Nutrition Education in the Community**
September discussion
 - **Educational Updates and Resources for the Committee**
October and November discussions
Education for the group, i.e. MyPlate
CACFP – Changes and requirements
- The outreach letter for new members is complete. Shayna has emailed the letter to all members.

New Business:

- Outreach to target populations: Catholic Charities discussed how they are reaching to the diverse populations for food stamp eligibility. They are reaching out to senior centers, local food markets, pharmacies, Mexican bakeries, and hospitals to name a few. Sarah mentioned that they are totally portable so that they are able to perform prescreening wherever they go. Please let Catholic Charities know if your agency is interested in having a presentation. Catholic Charities depends heavily on volunteers. Many volunteers come through word of mouth. Sarah talked about the techniques used to get over the stigma of clients receiving food stamps.
- The committee discussed the need to share a list of places where agencies do outreach to. Susan Grove mentioned the idea of using Google Docs to share the food pantry list.
- Jacky C. mentioned that DSS Office in Millbrook is by appointment only. Jacky brought outreach flyers to share. DSS is required to give an interview for clients to apply for food stamps. The emphasis needs to be made on the importance of reapplying for services.

- CAPE has an extensive list of services and agencies that are up to date which should be made public soon.
- Shayna discussed the proposal for "Share our Strengths", a Summer Feeding grant that she submitted, along with Al, Jackie, Jenny and Christine's assistance. The grant included all 3 existing areas of the county to improve each of the Summer Feeding Programs. The grant would cover for travel, outreach, and staffing. Jenny and the Northeast Community Center have taken the lead in getting the Summer Feeding Program in the northeast part of the county. They went through the channels and received approval to use the high school's cafeteria with a paid staff from food service. Al is looking for signage to promote the sites. Jackie has 10 sites in Beacon this year. Her challenge will be the transportation. At the end of last year's summer, they were able to purchase a van to help for deliveries. We wrote in the grant to have "one stop shopping": education, outreach, adult and youth meals. Estimated meals to be served this summer are 57,000. Thoughts and ideas were passed around to get Violet Ave, Hyde Park School District, into the program.
- Christine mentioned that today is the 13th anniversary of NAC!
- Christine talked about the changing needs of the food system. Food systems are working at the top of the iceberg. It is time to start looking forward. At Extension, we are going to be working where people want to do the grass root and help them to facilitate and take the change forward and connect them with successful people who are doing that work. It will enable us to support communities in creating system and environment change. It has to be education and system change. Beginning in June, we are planning to meet quarterly somewhere central, possibly Millbrook, to connect people in these conversations. Christine is working on getting grants to help with this but extension is committed to these conversations and working groups getting started. She is asking the committee on whom to invite and volunteers to get these groups working, for example, to get Summer Feeding happening in the Violet Ave School. This will be an ongoing topic.
- Christine stated that if you know of any families with children that need our SNAP-ED program, please refer them to Shayna.
- An updated Food Market brochure is available. *Attached*

Next Meeting: May 17

3rd Thursday of the month from 12:00-1:30 @ Family Partnership Center downstairs by the cafeteria

June 21

July 19

August 16

September 20

October 18

November 15

(No December meeting)