

Nutrition Advisory Committee of Dutchess County

Meeting Minutes – April 18, 2013

In Attendance: Shayna Russo, Nancy Cimbrello, Lacie Schmidt, Megan Murray, Rebecca Lull (CCEDC), Jackie Bucelot-Mills (Kids R Kids Feeding), Susan Grove (Poughkeepsie Plenty), Lorraine Scuccimarra (Child Care Council), Kathy Bell (Astor), Janice Jallade (Community Action), Penny Hahn (Common Ground Farm), Patti Wilkinson (Beth-el Fitness Ministry), Brian Riddell (Dutchess Outreach), Mallory Davis (DCC Intern), Christina Casserta (DCC Intern)

Program Sharing

- Lacie shared flyers on 2 upcoming workshops: PASTA (Parenting a Second Time Around) and DISNADW (Discipline Is Not A Dirty Word). Both workshops are free to relative caregivers. **Flyer Attached**
- Orange County Safe Homes, a domestic violence service, is putting on a fundraiser called Vagina Monologues on 4/26 from 7:00-8:30pm in Montgomery.
- Lacie also passed around Coffee & Conversation newsletters for the RAPP support groups.
- Megan mentioned the nutrition group that will be starting at FPC in our new room, L17. This group is opened to any who is interested and who meets ESNY guidelines. Please call Shayna to register. Megan will also be doing a presentation at Hudson River Health Care in Amenia on Monday and will be doing a group on Mondays at 9am from there on. Flyers have been sent out; Nutrition will also be at the Tabernacle of Christ in Beacon, which will be starting on Wednesdays from 3:30-4:30. Irma, our bilingual educator, will be teaching it in Spanish and English. **Please let Shayna know if your agency is interested in hosting a nutrition group at your site.**
- Common Ground Farms has summer camp flyers available. **Flyer attached.** Next month, the mobile market flyers will be available.
- Susan Grove's email is now susan.grove@gmail.com. Susan is coordinating the Poughkeepsie Plenty. The Poughkeepsie Plenty has 3 working groups: mobile food, urban gardening and policy working group. The PFP is involved in the Farm to School procurement. PFP's goal is to get kids interested in foods, healthy eating, and having cooking demos in the cafeteria.
- Brian Riddell announced that Dutchess Outreach is now the fiscal sponsor for the Pok Plenty projects.
- Shayna attended Healthier Hudson Valley Challenge seminar. One of the presenters was from the USDA who dealt with nutrition standards in the national school lunch program. Shayna passed around the PowerPoint

presentation that she used and a soft copy of the presentation will be attached with minutes. Jessica Pino, from Hunger Solutions New York, also spoke at the conference. **PPT attached**

- "Let's Move! Dutchess" is a series of free events for the whole family that provide active programming on a rotating basis throughout Dutchess County. The first event will be on 4/24 at the Mid-Hudson Civic Center at 6pm.
- Plant sale at CCEDC is on 5/17 and 5/18.
- Action for Healthy Kids is a great resource for grant writing.
<http://www.actionforhealthykids.org/>
- Manor at Woodside is having a diabetes seminar on 4/24 at 2pm.

Follow up

- **County funding:** As an organization, CCEDC received 30% less county funds than last year. The county did not fund our nutrition program. We are solely operating on ESNY funds. The county funds for the nutrition program were used for clients who did not meet the guidelines for ESNY, for our nutrition garden, and any other supplies that we were not able to use ESNY for.
<http://www.co.dutchess.ny.us/CountyGov/Departments/CountyExecutive/22430.htm>
- **Weight of the Nation and Food Day Participation:** No agencies have offered to co-facilitate either of these events. The committee needs to know if the goals for the year need to be changed if these events are not going to happen. **Please let Shayna know if your agency is able to take a part in either of these events.** All attendees at this meeting wrote down on a piece of paper their ability to facilitate. We will inquire again at the next meeting. <http://theweightofthenation.hbo.com/>
- **Food Day's national celebration date is 10/24; the international celebration is 10/16.** Hudson River Healthcare is leading this area's Food Day events. CCEDC was asked if we could participate. Any of the events do not need to happen on either of those dates. It can be at any time through the week or month. You can also check out their website and find out what events are happening in the area. <http://www.foodday.org/>

Next Meeting: May 16, 2013 @ Family Partnership Center

*****Due to funding cuts, lunch will NOT be provided.*****

3rd Thursday of the month from 12:00-1:30 @ Family Partnership Center, 29 N. Hamilton, 12601

May 16, 2013

June 20, 2013

July 18, 2013

August 15, 2013

September 19, 2013

October 17, 2013

November 21, 2013

(No December meeting)

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