

# Nutrition Advisory Committee of Dutchess County

Meeting Minutes – May 17, 2012

*In Attendance: Shayna Russo, Rebecca Lull (CCEDC), Nancy Case (St. Francis Hospital), Al Muhlnickel (Pok City Schools Food Service Dept), Brian Riddell (Dutchess Outreach), Jackie Bucelot-Mills (Kids R Kids Feeding Program/Beacon Resident), Kathy Bell (Astor Services), Susan Grove (PFP), Ozie Williams (DoH), Rosemary Bennici (Beacon Food Service).*

## Program Sharing

- Dutchess County Healthy Families is hosting a community Baby Shower on 5/23 from 1:00-4:00 at FPC. Lots of different agencies will be there
- Shayna mentioned about the Health and Wellness Fair in Wappingers Falls on 5/19. The fair is hosted and ran by Legislator Francena Amparo. There will be Zumba, blood drive, blood pressure screenings, fire trucks and ambulances. CCEDC will have a table at the event.
- "Weight of the Nation" is a HBO documentary's crusade for change, with a look at how obesity has affected Americans and what can be done for the long run. CCE was able to order it for free. It comes with an exceptional guide that details the CDs. The guide is available in Spanish also. Shayna and others will be getting together to talk about how we can utilize it in Dutchess County. Nancy Case shared her thoughts on the documentary as she has watched the first two segments. Susan mentioned a possibility for a showing at the Arlington Farmers market for one of their film nights.
- Susan mentioned that there are 2 more food forums for people to attend. On May 25<sup>th</sup>, there will be a Spanish forum at the FPC with the Hudson River Health Care. May 30<sup>th</sup> is the last forum to get people who promised to come but have not been able to make it. All are welcome to attend. It will possibly be held at FPC at 8:30 a.m.
- Susan reminded everybody about the Big City Forum for the Poughkeepsie Plenty Project on June 23 from 1-5 at Catherine St. Community Center. The idea is to create the possibility that positive change can happen and what the next steps are.
- The surveys of the Poughkeepsie Plenty are complete and the findings are startling. One of the many resulting data is that 25.8% of the Poughkeepsie residents are food insecure.
- NY State was approved for the Community Eligibility; which means that kids can eat for free at eligible schools. The criteria is that you need a greater than 40% in your school to be receiving free meals to be eligible.
- North East Community Center did receive the Fresh Connect Grant which allows them to have a Farmers Markets on the days that WIC receives their checks at Hudson River Health Care in Amenia.
- Shayna mentioned that we have not heard back from Share Our Strengths, the grant that would enable us to promote and expand Summer Feeding.

- Susan discussed the idea of having agency representatives work with the EBT machine for the Poughkeepsie Farmers Market b/c it would allow agencies such as CCEDC and Catholic Charities to have direct contact with the audience and assist PFP with managing the market.

### **Follow-up actions from last meeting**

- *Any new member outreach updates*-Rosemary Bennici has joined the meeting today. Rosemary is the Food Service Director in Beacon and is running the Summer Food Service Program in Beacon this year.
- *FYI: Food Pantry list* is updated with the combination of Dutchess Outreach, Catholic Charities and CCEDC.
- **Google Docs:** Google Docs would enable the committee to share the food pantry list and to be able to keep it up to date. The committee agreed that this would be a useful tool. Susan shared her thoughts and expertise on using Google Docs. Any email will work to log in; does not have to be a Gmail account. The list can be exported to another file, for example MS Excel. Privileges can be made on who can update and view the list. Susan said you can also dump any old info into another tab to be able to view at a later date. A conference call might be needed to iron out the details.

### **New Business**

- **Summer Food Service:** The goal is to serve 57,000 meals total. Beacon has 9 sites; not all are open sites. The sites will be fully volunteered staffed throughout the summer. Jackie mentioned how tremendous the faith based communities have supported the idea. Mobile food pantry will happen every Thursday and Catholic Charities will be there with a food stamp individual. The Beacon sites are expected to start lunch on 7/9. Poughkeepsie sites are due to start 7/2. The kickoff event dates need to be decided soon.
  - Brian invited Al and Shayna to a meeting at the FPC hosted by Brian Doyle to discuss Summer Feeding.
  - Marketing is always tough. Some ideas that were tossed around are: DC Focus Newspaper, food court at the mall, barber shops, laundromats, daycare at family court, community billboards and clinics. A suggestion was made to get in contact with John Flowers; possibly being able to get on his radio show.
  - Flyers need to be worked on and distributed. Kathy needs the flyers by June 1 before the school year ends for the Astor families.
  - Al will give Shayna the NY toll phone number to put on the flyers. The phone number is used to find available feeding sites in the area.
  - If the grant is received than monies will be utilized for some staffing in Beacon and Webutuck as well as outreach events and marketing in Poughkeepsie.

### **To Do Items:**

- **Jackie BM:** Send list of sites to Shayna so she can prep a flyer
- **Shayna:** Update last year's flyers for SFSP sites and get to Kathy B.

- **Kathy B:** Notify all Astor sites and make sure they get home to families before the end of the year
- **Brian R.:** Send an e-mail to SR and AM regarding scheduling a meeting for SFSP at FPC.
- **Susan G:** send PFP PDF's to SR for distribution

**Next Meeting Topic:**

Farmers Markets and Outreach will be discussed in the June meeting.

**Next Meeting:** June 21

*3<sup>rd</sup> Thursday of the month from 12:00-1:30 @ Family Partnership Center  
downstairs by the cafeteria*

July 19

August 16

September 20

October 18

November 15

(No December meeting)