

# Nutrition Advisory Committee of Dutchess County

Meeting Minutes – June 21, 2012

*In Attendance: Christine Sergent, Nancy Cimbrello, Lacie Schmidt, Rebecca Lull (CCEDC), Diane Ruffin (Beulah Baptist Church), Al Muhlnickel (Pok City Schools Food Service Dept), Jackie Bucelot-Mills (Kids R Kids Feeding Program/Beacon Resident), Kathy Bell (Astor Services), Rachel Rupright (Hunger Solutions NY), Ozie Williams (DoH), Elisa Storyk (intern at DoH), Lorraine Scuccimarra (Child Care Council), Michele McKeon (Catholic Charities), Brian Doyle (CEO of Family Services).*

## **Program Sharing**

- Lacie mentioned that the new RAPP Coffee and Conversation flyers are available. The annual RAPP picnic will be 7/18.
- Astor finished the selection process for the new school year.
- Ozie discussed about the DOH's "Halloween Buy Back" program. Books will be available for children when they drop off their Halloween candy. The candy is sent to service men. DoH is in need of donations to be able to ship the candy.
- Flyers for the NIP program are hanging in all Astor sites and were sent home with all the families before the school year ended.
- Poughkeepsie Farm Project's Farmers Market flyers were emailed and passed out. We need to get more people out to the markets.

## **Follow-up actions from last meeting**

- Community Outreach Events:
  - Beacon (First Presbyterian Church): Thursday July 26<sup>th</sup>
  - Poughkeepsie (Pulaski Pool): Thursday July 12<sup>th</sup>
  - North East area (Eddie Collins Field): Tuesday July 17<sup>th</sup>
- Shayna attended a meeting with the Family Partnership Center in regards to the Summer Feeding Program. Since the FPC has camps that use the building and the scheduling was tough, it was decided to move the Outreach Event to Pulaski Pool.

## **Summer Feeding**

- This year's goal is to serve 57,000 meals this summer.
- In Beacon there are 5 open sites and 3 closed sites. Summer Feeding Outreach Event (no longer called Kickoff) will be on 7/26 from 10-2 at First Presbyterian Church. In addition to CCE representation, Catholic Charities will be there working on food stamp applications, New Vision Church of Deliverance Food Pantry will be onsite, and promotion of the fairgrounds café in Beacon. Each site will have their own flyers detailing when the food is

available and other events. Three hundred flyers have been passed out door to door at 3 of the complexes. Beacon food will be prepared in Beacon. Jackie's personal goal is to feed 70% (or 1,000 meals a day) of the children enrolled in free/reduced lunch.

- In Poughkeepsie there are 8 open sites and 7 closed sites. The Outreach Event will be on 7/12 from 10-2 at Pulaski Pool. Al feeds less than half of what he feeds during the school year. For the first time have more open sites than closed. Information will be televised on the local channel.
- In North East section, there are 2 open sites. The Outreach Event will be on 7/17 from 10-2 at Eddie Collins Field.
- All Summer Feeding Flyers were emailed prior to the meeting and passed around today.
- Any other agency that would like to do an activity at any of the sites with the children please let Shayna know.
- A suggestion was made to be more aggressive in inviting elected officials, USDA leader, etc.
- Rachel will forward any invite and outreach templates from Hunger Solutions to Shayna.
- Shayna and Nancy will be going through the communities passing out flyers to local businesses and asking for donations to be used for prizes for the children. If you know of any agencies that can donate please let Shayna or Nancy know. Age range is 5 years to 18 years (or up to 21 if disabled).

### **Farmer's Markets**

- Farmer's Market and CSA Farms Brochures were passed around. (CSA Farms– (Community Supported Agriculture) The list of farms that a community member is able to buy a share in their farm and each week during the growing season you will receive a bag of fresh produce from the farm.) Some farms allow you to do volunteer hours if you can't pay for the whole share. Some may also do a "sliding" or "supporting" share where a funder or donor will pay for the lot to assist the low income population.
- There is a need for action items to increase the usage of the FMNP coupons to the seniors and young families. Having an accessible food market is key. Would like to see a mobile market in the city of Poughkeepsie. Susan Grove is working on a grant to get that going. In the past, Extension has brought a tiny Farmers Market in the WIC waiting room. The educator would run through and demonstrate how the process works. They would also do a quick food demo. Extension is trying to bring that process back.
- A suggestion was made to reach out at the DOA Picnics. CCE educators are already there recruiting seniors for the NIP program.

### **Updates**

- Food Stamp Nutrition Education Program – "Explosive Child" is a 5 week workshop that a staff from Mental Health America will be discussing the issues on handling children with disruptive behavior. It runs from July 9- August 6 from 2-4. Anybody who wants to sign up, please contact Nina Doyle at CCEDC.

- Offered NAC and Food Card Brochures to anybody that needs them.
- Submitted our 2013 ESNY plan on 6/13/12. We are funded again. There are some changes in the guidelines for next year. We are now able to count 1 time workshops. The target population is still SNAPed families, seniors, rehab sites, Head Start, WIC, SSI, and youth participating in schools with 50% or greater free/reduced lunch. Added the ability for us to educate at food banks, food pantries, soup kitchens, grocery stores and farmers markets. Any clients that you have that may be interested in our service please send them to Shayna.
- DCFA: will be taken off the agenda's update list after this meeting. CCEDC received approval to alter the grant. It will now be in 4 counties (Columbia, Greene, Rockland, Dutchess) and will only be educating through the SNAPed program.
- Project Planning: will be a permanent agenda item. CCEDC submitted a grant to bring \$200,000 into the county to support the food security work in the rural communities. More schools and communities will be involved to change what is in the grocery stores. Our letter of interest for the grant was accepted.
- The Poughkeepsie Plenty Citywide Planning Forum is this weekend from 1-5 at Catherine St. Community Center. We need as many people as possible to make it successful. We are prepared to have 100 attendees.
- The results from the Poughkeepsie Plenty surveys are in. The results are on the PFP website under Poughkeepsie Plenty. (<http://farmproject.org/poughkeepsie-plenty>) The data might be able to be used for any grants or funders.
- Get the word out to your clients about the Dutchess County Budget Survey. You can find the survey on the Dutchess County's website: <http://www.co.dutchess.ny.us/>

**Next Meeting:** July 19, 2012

*3<sup>rd</sup> Thursday of the month from 12:00-1:30 @ Family Partnership Center downstairs by the cafeteria*

August 16

September 20

October 18

November 15

(No December meeting)